



Fairfax Vein Center
8505 Arlington Blvd. Suite 130
Fairfax Radiology VA 22031
P: 703-698-4475 F: 703-698-8278

Patient Name: _____

Procedure Date: _____

Arrival Time: _____ **Procedure Time:** _____

Provider: _____

<p>1 Week F/U:</p> <p>Date: _____</p> <p>Time: _____ am pm</p>

Pre Procedure Instructions for Sclerotherapy

- **Please be sure to come in 15 minutes prior to your appointment time**, so that we can review the post-procedure instructions and obtain your consent for treatment. The session will take **30 minutes**.
- **Bring your prescribed thigh-high compression hose with you the day of your procedure**, as you will be wearing them home and for one week following the procedure. If you do not have compression hose, your Sclerotherapy session will be rescheduled at check in.
- Sedatives for Sclerotherapy are optional. If you desire, we will provide you with a mild sedative upon your arrival, **so you will need to make arrangements for a friend or a family member to drive you home or your procedure will be rescheduled at check in**.
- Please **DO NOT** put any cream or lotion, or self-tanners on your legs the day of your procedure.
- We expect you to be able to resume all your pre-procedure activities including work the following day. We would like you to maintain a normal level of activity. No running, biking, weight lifting for one week.
- If you have any procedure, scheduling or certification questions call at 703-698-4475.
- **No airline flights for three weeks after any Sclerotherapy.**
- **No car rides longer than 2 hours after any Sclerotherapy.**

If you need to cancel for any reason, please call at least one week prior to your scheduled procedure date. This will help us to accommodate the other patients that are waiting to have this procedure done. The doctors and staff of the Vein Center appreciate your consideration in this matter.

Patient's Signature: _____ **Date:** _____